



WHAT WE'VE BEEN UP TO

From mid-August til the end of December is a busy time of year at the agency and this year was no exception! We've had lots on the go and have been so thankful for the community support we've received these past few months. In September we attended Warden's Golf Tournament, hosted our Annual General Meeting and had an excellent turn out at Take Back the Night which, for the first time ever, was filmed by drone! We were also able to host two showings of 'Love Bomb the Musical', a production

which delves into the intimate and courageous exploration of human trafficking. Our Violet Femmes event was spectacularly fabulous, as always! We are now preparing for the 16 Days of Activism and our Holiday Giving Campaign - keep reading for more information!

LCIHCS RECEIVED COMMUNITY BUILDER OF THE YEAR AWARD!

In November, we were honoured to be one of the recipients for the United Way East Ontario Community Builder of the Year Award. Every week in Ontario, a woman, child, trans woman, Two-spirit person, or gender-non confirming person is killed by a man. Each month, there is a new terrible milestone where the numbers continue to climb. It is against these trying conditions that leaders and organizations are working day in and day out not only to pull women and gender-diverse people out of crisis and protect them from violence, but to help them build a new life. Together, they rally our communities to stop the conditions that allow gender-based violence to continue. We are honoured to have received this award alongside End Violence Against Women Renfrew County, Ottawa Coalition to End Violence Against Women, and La Coalition de Prescott-Russell pour Éliminer la Violence faite aux Femmes. This award helps to make our work visible which, in turn, makes it easier for women, gender-diverse people and their families to seek help when they need it!



Suit Yourself Has Officially Launched!

After lots of hard work and contributions from so many amazing volunteers and community members, we are so pleased to have had the grand opening of our Suit Yourself Program in September. This program provides complimentary work and professional attire while being a support for women in our community facing upcoming court appearances or job interviews. Clients receive private, one-on-one styling sessions with trained consultants; assistance with resume preparation, conducting mock interviews and coaching, and access to a series of helpful videos on topics like financial literacy, mindfulness, and interview preparation.



16 DAYS OF ACTIVISM 2023

NOVEMBER 25 TO DECEMBER 10

SATURDAY NOV. 25

16 DAYS OF ACTIVISM
Kicking off the campaign online!

SUNDAY NOV. 26

RESPECT IS...

MONDAY NOV. 27

WEAR PURPLE DAY

Show solidarity with survivors of VAW!
Take a photo & tag us!

TUESDAY NOV. 28

GIVING TUESDAY

WEDNESDAY NOV. 29

SURVIVOR STORIES

with Author of Globe & Mail top 100 "The Castleton Massacre" Margaret Carson
Carleton Place Public Library, 6 p.m.

THURSDAY NOV. 30

UNDERSTANDING HUMAN TRAFFICKING

with Jo-Joe Van Hooser, presented by Stir It Up Collective & The Hub
Almonte Public Library, 7 p.m.

FRIDAY DEC. 1

Jam out to our empowering playlist!



SATURDAY DEC. 2

SEE IT, NAME IT, CHANGE IT

SUNDAY DEC. 3

Bystander Intervention Information

MONDAY DEC. 4

MOSAICS FOR CHANGE

Lead Artist Camilleri of ReDefine Arts on The Countdown Project
Virtual Workshop, 1-2 p.m.

TUESDAY DEC. 5

International Volunteer Day!

WEDNESDAY DEC. 6

N.T.L. DAY OF REMEMBRANCE & ACTION ON VAW

VIGIL

6 p. m. in the Park outside Crystal Palace in Perth

THURSDAY DEC. 7

KEEPING THE COMMUNITY SAFE

with Wendy Gee, presented by Stir It Up Collective, Lanark County Community Action & YAK Youth Services
Perth Public Library, 5:30 p.m.

FRIDAY DEC. 8

FINDING SISTERHOOD IN TRAVEL

a video presentation by Megan Ryder-Burbidge & Linsey Sherman-Zekulin of **SORORAL**

SATURDAY DEC. 9

BOARD'S EYE VIEW

Words from LCHCS Board of Directors Member Laurie Weir

SUNDAY DEC. 10

TALKING ABOUT FEMICIDE



The 16 Days of Activism against Gender-Based Violence is an annual international campaign that kicks off on 25 November, the International Day for the Elimination of Violence against Women, and runs until 10 December, Human Rights Day.

16 Days of Activism Campaign!

Join the worldwide effort to end gender-based violence! We've got a range of events and activities lined up from November 25 to December 10. Check our website or social media for more details on all our events. Now's your chance to get involved and stand against violence!



Showing support one year after the Jury Recommendations were released

AN UPDATE ON THE RENFREW COUNTY INQUEST

Parties involved in the Renfrew County Inquest met in Pembroke to acknowledge one year since the Jury Recommendations were released. We partnered with What Now Lanark County to provide a bus for community members to attend the event. Staff and other folks attended the meeting with encouraging signs, a much needed positive spot on an otherwise solemn day as Ontario finally responded to the rest of

the Jury Recommendations. Many of the recommendations were rejected. Most that were accepted are things the province already does that are, simply, not enough. Despite the province rejection of the Declaration of Intimate Partner Violence as an epidemic, Toronto made the declaration on July 21. In August, The federal government described gender-based violence as "an epidemic" in its formal response to a coroner's inquest. Justice Minister Arif Virani said the government is committed to ending the gender-based violence epidemic "in all its forms, and is working to address any gaps in the Criminal Code to ensure a robust justice system response." We remain hopeful of the province's declaration.



Erin Lee with Toronto Mayor Olivia Chow

INCLUSIVE VOICES IS BACK!

Inclusive Voices is a dynamic community video project dedicated to amplifying the voices of young individuals and fostering a collective effort to combat hate within our community. We invite passionate individuals to share their perspectives on various critical topics such as 2SLGBTQ+ Rights, Gender-Based Violence, Homophobia, Transphobia, Ableism, Mental Health, and more. We're eager to engage with individuals up to the age of 35 who either reside in or have ties to Lanark County. High school participants can also earn volunteer hours by contributing to this impactful initiative. To learn more about this empowering project or to join us, reach out to us on social media @inclusivevoices or contact Emma Kinsman via email at Emma.kinsman@lcih.com. Feel free to scan the QR code for direct access to the registration form. Your voice matters, and together, we can make a positive change in our community.



NEW MOSAIC UNVEILLED IN SMITHS FALLS' NEW TOWN SQUARE

We were so excited to get to work with the wonderful folks at ReDefine Arts Toronto for the third time to bring another beautiful mosaic to Lanark County! Part of their Countdown Public Art Project, symbolizing the countdown to a world free from violence, the mosaic was designed through collaborative, community-engaged processes to be completely unique to Smiths Falls. The mosaics are meant to honour and be a place of reflection and remembrance for survivors of gender-based violence and those who were taken too soon by violence. This design features a hummingbird motif, fitting as often hummingbirds are used to represent healing. Across from the mosaic, you will notice a purple bench. This is part of the Purple Bench Project which honours victims who have lost their lives to domestic and family violence.



Find the beautiful new mosaic in Town Square, between the Town Hall and Smiths Falls Public Library.



A VERY SPECIAL VISIT

In July, we were honoured to host a group of delegates from Mexico and the Department of Justice to discuss the issues of stalking and IPV and share a little bit about how we address those issues at LCIH.

We had wonderful conversations and fruitful discussions (thank you to our two fantastic interpreters!) and enjoyed forming new connections and friendships with the group!

Holiday Giving Campaign

'Tis the season of giving, and we're gearing up for another year of spreading joy! Last year, our campaign supported 300+ local women and children escaping domestic violence. The shelter remains open, aiming for a festive atmosphere. Contribute to LCIHCS to make a lasting impact. Help make this December memorable for deserving women and children by bringing **new, unwrapped gifts** to our drop-off locations. Consider giving to teens or women in the shelter this year! Join us in sharing the spirit of generosity.

Consider Donating

- Gift Cards
- Outdoor Toys
- Items for teens
- Wallets & Purses
- Hats & Mittens
- Women's gloves
- Hyenine Items
- Books or Journals
- Arts & Crafts Sets
- Home Decor
- Self Care Items
- Board Games or Puzzles
- Socks & Cozy Items
- Sweet Treats
- Headphones
- Sports Items

We are always in need of pajamas in all sizes for women (XXS-5XL) and children. Gift cards empower women by allowing them to make choices about what their children receive for the holidays. Plus, they make great gifts themselves!

Drop Off Locations

IDA Drug Mart or Rona in Carleton Place and Independent Grocery Stores in Perth, Smiths Falls and Almonte!

Gifts can be dropped off until December 13

For more information, please contact:

CATHIE.MCORMOND@LCIH.COM

613-257-3469 EX. 164

We thank you for your support!



HEARTFELT APPRECIATION FOR OUR TEAM OF VOLUNTEERS

Volunteer Canada's data highlights a widespread volunteer shortage in Canadian nonprofits, but we've defied this trend. This fiscal year, we proudly welcomed 30 new volunteers, including 5 dedicated high school students. Experiencing an 83% growth in our team, we now have 77 devoted volunteers and 8 Board Members. Despite the challenges of COVID, we celebrated an in-person meeting this spring. Our volunteers, instrumental to our success, contributed an average of 260 hours monthly, yielding substantial cost savings of \$7,500 per month and an impressive annual total of \$90,000. Their commitment exemplifies their crucial role in advancing our mission.



Our As Good As New Team

We would like to extend our most sincerest thanks to all of our wonderful volunteers and would like to acknowledge volunteers who have achieved some incredible milestones!

20+ years Volunteering with LCIHCS:

Darlene Arthurs, Lynn Hunt, Lynda Moulton, Heather Pettipas and Joni Seligman.

15+ years Volunteering with LCIHCS:

Amy Booth, Patricia Castaldo-Webster, and Sandra Hughes

10+ Years Volunteering with LCIHCS:

Ruth Boyce, Jennifer Demerath, Carmen Dewar, Carol Penton-Dunphy, Leslie Lendrum, Valerie Martin, Tom McKenna, and Martin Stockton

5+ Years Volunteering with LCIHCS:

Johanne Allaire, Donna Baskin, Amber Beer, Donna Brown, Tracey Chevrier, Susan Howe, Nancy Impey, Julie Levesque, Pauline Muysson, Bronwen Thistle, Carol Truscott and Gloria Wilson

We'd also like to acknowledge the wonderful people who have retired from volunteering:

Audrey Acres, Natalie Cranston, Claudia DeRitis, Gwenn Dunn, Helen Flynn, Steven Hanzidiakou, Laura O'Reilly, Janet McIvor, Kathy Meyers, Kathy Preston, and Trudy Winterburn

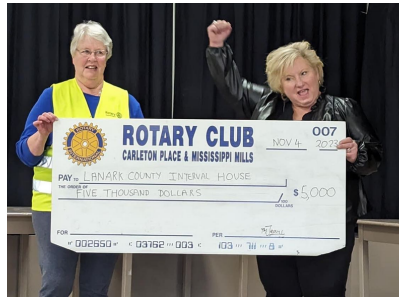
THANK YOU TO OUR SPONSORS



Rising Phoenix held a motorcycle scavenger hunt fundraiser



Jackson Homes Presents us with a cheque following their slo-pitch softball tournament fundraiser



The Rotary Club of Carleton Place and Mississippi Mills presents a cheque at the Women's Fair



Mary Brown and Kate of RLP Team, Ottawa Valley presented us with a check as part of the Royal LePage Shelter Foundation.

We are, as always, so blessed to be located in such a generous county. We'd like to extend our sincerest thanks so some sponsors who have made a big difference lately:

- Jackson Homes
- Jeff Julian, Dejardins Insurance Agent
- Next Gen Sign Specialists
- Rona Carleton Place and Smiths Falls
- Rising Phoenix
- Rotary Club of Carleton Place and Mississippi Mills
- Royal LePage



Our brand-new Take Back the Night banner courtesy of Next Gen Sign Specialists



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LanarkCountyIntervalHouse



@lcihcommunity